



PLAY 2 CONNECT

Play 2 Connect is a small 10 week interactive workshop based in the fiber arts (9-12 year olds with a maximum of 6 participants). This group utilizes the Dunn Sensory Model, Attachment Theory, Social Learning Theory, Polyvagal Theory, the Neurosequential Model and concepts and interventions from Dyadic Developmental Psychotherapy, Theraplay® and Circle of Security™ therapeutic modalities.

The Goals:

- To support self-regulation and fine motor skills
- To support self-esteem and self-efficacy
- To support attentional control and impulse control
- To further develop social skills
- To have FUN!

The Structure

The 1 hour sessions are structured and led by the facilitator with student support, beginning with a check in and then an interactive group activity. A fibre arts craft or project will be introduced and instructions provided and supported throughout all sessions. All materials will be provided.

Sessions are used to engage and support the participants in their own creativity and skill building. In these groups there is a focus on building self-esteem and confidence, acknowledging individual differences and creativity and working as a team recognizing other groups members differences and creativity; the young person will be able to bring home a completed project.

Process

January 15	Registration (phone screening): Discuss child's strengths and needs, answering questions
January 17	Session 1: Obtain written consent from caregivers, introduce children to leaders and each other, observe children's interactions, behaviors
January 24	Session 2
January 31	Session 3
February 7	Session 4
February	Email Invitation for feedback from caregivers
February 14	Session 5
February 21	Session 6
February 28	Session 7
March 6	Session 8
March 13	Session 9
March 20	Session 10
March 21	Caregiver feedback and open discussion, focus on helping caregivers implement strategies at home.