

The Play Clinic 

# Illuminate

Connecting the parts within

Increase emotion regulation, confidence, social skills and resilience

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A psychoeducation Group for youth 10-15yrs old struggling with mental health or self-esteem issues

Using Internal Family Systems, Art, Play, & Interactive Activities

May 19th – June 30th, 2022  
5:30 - 6:30 P M  
80 Brant Ave., Brantford  
\$60/6 weeks (Max 6 participants)

REGISTER AT  
[ADMIN@THEPLAYCLINIC.COM](mailto:ADMIN@THEPLAYCLINIC.COM)  
905-964-2470

