

Play 2 Connect – CLAY FIELD THERAPY GROUP

Play 2 Connect is a 12 week interactive group based in the clayfield. Engaging 9-13 year olds with a maximum of 6 participants, each will have their own clayfield box and materials. This group primarily utilize the Clayfield Therapy Model, but also includes concepts from the Dunn Sensory Model, Attachment Theory, Social Learning Theory, Polyvagal Theory, the Neurosequential Model and concepts and interventions from Dyadic Developmental Psychotherapy, Theraplay® and Circle of Security™ therapeutic modalities.

The Goals:

- To support self regulation and fine motor skills
- To support self esteem and self efficacy
- To support attentional control and impulse control
- To further develop social skills
- Have fun

The Structure

The 1 hour sessions are structured and led by the facilitator with student support, beginning with a check in and then an interactive group activity. A clayfield box will be introduced and instructions provided and supported throughout all sessions. All materials will be provided.

Sessions are used to engage and support the participants in their own creativity and skill building. In these groups there is a focus on building self-esteem and confidence, acknowledging individual differences and creativity and working as a team recognizing other groups members differences and creativity; the young person will not be bringing home any completed projects.

Process

July - September 2024	Registration (phone screening): Discuss child's strengths and needs, answering questions
September 11 th , 2024	Session 1: Obtain written consent from caregivers, introduce children to support workers and each other, observe children's interactions, behaviours
September 18 th , 2024	Session 2
September 25 th , 2024	Session 3
October 2 nd , 2024	Session 4
October 9 th , 2024	Session 5
October 16 th , 2024	Session 6
October	Virtual Session for feedback/discussion with caregivers
October 23 rd , 2024	Session 7
October 30 th , 2024	Session 8
November 6 th , 2024	Session 9
November 13 th , 2024	Session 10
November 27 th , 2024	Session 11
December 4 th , 2024	Session 12
December 11 th 2024	Caregiver feedback and open discussion, focus on helping caregivers implement strategies at home. (Virtual Parent Session)