



Jodie Hiebert, MSW RSW, CPT-S

CLINICAL SOCIAL WORKER

Jodie is a Certified Play Therapist Supervisor (CPT-S). Jodie provides therapy for children, youth, adults, and families with issues that may include: mental health concerns, BPD, C-PTSD, self harm, trauma, attachment, sexualized behavior's and sexual offending, addictions, treating abused children and sexually abused children, foster / adoptive children, child - parent conflict, family therapy, school stress and conflicts, as well as a variety of emotional and behavioral difficulties.

Additionally, Jodie is a provider with the VQRP (Victims Services) and NIHB (Native Insurance Health Board) programs. Jodie also works on contract for Brantford Probation and parole with adult sex offenders. She also provides consultations for schools and workshops for agencies such as child welfare as well as clinical supervision for masters' level practitioners and play therapy interns. Jodie's therapeutic approach utilizes an IFS framework in all her sessions, trainings, and work.

WORK EXPERIENCE

2016 - PRESENT

The Play Clinic 

- Providing professional & ethical therapeutic mental health services (individual and groups) for children, youth, individuals, & families across Canada.
- Providing individual & group therapy for sex offenders (youth & adults)
- Providing clinical supervision, consultations, trainings, & workshops to schools & agencies since 2019, with a focus on IFS since 2020.
- Providing supervision for Masters' level social work & counselling students, & play therapy students in Canada since 2019, with a focus on utilizing IFS since 2020

PRESENTATIONS & WORKSHOPS

- 2017 - Non-Suicidal Self Injury - Boys and girls club managers
- 2018 - Mental Health & Youth in Today's Society - Emmanuel Bible College
- 2018 - Parenting with Play - OUR Centre Fostering Agency
- 2018 - Addressing Sexualized Behavior's - OUR Centre Fostering Agency
- 2019 - Parenting Kids Struggling with Non-Suicidal Self Injury - OUR Centre Fostering Agency
- 2019 - Managing Meltdowns Workshop - Turner Syndrome Society conference
- 2019 - Social Skills for Teens Workshop - Turner Syndrome Society conference
- 2019 - Riding the Waves (Polyvagal Theory for Youth) Workshop - West Niagara Bridge
- 2019 - Stress, Trauma, & Neurofeedback Presentation - Brock University

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EDUCATION

2014 - 2016

Master of Social Work
Wilfred Laurier University

2010 - 2013

Bachelor of Child & Youth Studies
Brock University

EXPERTISE

- Certified Play Therapist Supervisor (CPT-S)
- Certified Complex Trauma Professional II (CCTP-II)
- Certified Sex Offender Treatment Provider (CSOTP-SW)
- Certified Internal Family Systems Therapist
- Intermediate Theraplay Practitioner
- Level 1 & 2: Dyadic Developmental Psychotherapy
- Level 1 & 2: CBT
- EMDR Basic Training

PRESENTATIONS & WORKSHOPS

- 2020 - Mental Health & Society - Abbey Park HS, Oakville
- 2020 - Parenting During a Pandemic -The Play Clinic - Online
- 2020 - Facilitating Online Access for Foster Parents - The Play Clinic - Online (co-facilitated)
- 2020 - Working from Home & Parenting During a Pandemic - Online
- 2020 - Play Therapy with Abused Children - Maritime Play Therapy Centre, Online
- 2020 - Play Therapy with Adults - Canadian Association for Play Therapy, Online
- 2021 - Application of Neurobiology & Trauma in the Play Therapy Space - Maritime Play Therapy Centre, Online
- 2021 - Treating Sexually Abused Children with Play Therapy - Maritime Play Therapy Centre, Online
- 2021 - Play Therapy with Adults, Canadian Association for Play Therapy, Online
- 2021 - Strengthening Connection Through Play for Foster Parents - Hamilton Children's Aid Society
- 2022 - Strengthening Connection Through Play for Foster Parents - Hamilton Children's Aid Society
- 2022 - Parts Work in Play Therapy - How to use IFS with children & youth (12 hour course), Online
- 2022 - Working with Resistance in Clients - A play based IFS approach workshop, Toronto, Online
- 2022 - Play therapy with Adults, Canadian Association for Play Therapy, Online
- 2022- Therapeutic Movement and Guidelines for Choosing a Developmental Model - Maritime Play Therapy Centre, Online
- 2023 - Treating Disruptive Behavior's in Play Therapy, Canadian Association for Play Therapy, Online
- 2023 - Assessment & Treatment in Play Therapy, Canadian Association for Play Therapy, Online
- 2023 - Play 2 Become: Integrating Parts of Self, Maritime Play Therapy Centre, Halifax, NS
- 2023 - Parts Work in Play Training, The Play Clinic, Online
- 2023 - Part 'n Play in Child Welfare: A workshop to support children & youth with trauma, The Play Clinic, Online
- 2023 - Using Sandtray and DBT, Martime Play Therapy Association, Online

GROUPS CREATED & FACILITATED

- March 2023: **Play 2 Connect:** 9 week project based group for 8-12yr olds with neurodiversity
- January 2023: **Integrate the Parts Within: A treatment group for Sex Offenders:**
10 week treatment program for Sex Offenders, Ontario Probation & Parole, Brantford
- March 2022: **Connected Within:** IFS for adults with mental health concerns
- Oct 2021: **illuminate:** IFS for youth - (emotional regulation, interpersonal & social skills)
- April 2020: **Inner Warrior:** The Play Clinic (6wk online support group for youth; trauma & resilience)
- Aug-Sept 2019: **Play 2 Grow** - The Play Clinic (12 wk group for 3-6yr old+ parents; emotion regulation/social skills)
- Sept 2018: **Managing Moods** - Niagara Life Centre (6wk group for youth/adults; anxiety/depression/anger)
- 2012: **The Landing** - Bethany Church (weekly support group for youth on habits, hurts, & hang-ups)
- 2010-2012: **Art Break** - YFC Niagara (developed & implemented a weekly art/music drop-in group for youth)

PROFESSIONAL DEVELOPMENT

- November 2023, EMDR with OCD: The Distancing Technique Workshop, C. Paula Krentzel, Ph.D., Online
- November 2023, EMDR with Police Workshop, Christie Spowls, Psy.D., Online
- November 2023, EMDR with Eating Disorders Workshop, Dalene Forester, Ph.D., Online
- October 2023, EMDR with Children Workshop, Jackie Flynn, Oline
- May 2023, Program Assistant for Internal Family System Institute Level 1 training (860 & 930), IFS Institute, Online
- November 2022, Static 99 Assessment Training. Andrew Brankley, Online
- November 2022 - EMDR basic training, Barbara Horne, ONLINE
- September 2022 - PROFESOR (Protective & Risk Observations for Eliminating Sexual Offense Recidivism), James Worling, Online
- June 2022 - A Compassionate Approach to Addictive Processes with IFS, Richard Schwartz, 2 days, Online
- June 2022 - Interpersonal Neurobiology, Attachment, & Trauma, Dan Siegel, Hamilton ON
- March 2022 - Child Centered Play Therapy, Chris Conley, 3 days, Online
- March 2022 - Internal Family Systems Level 3 (788), Richard Schwartz, Online
- November 2021 - Internal Family Systems, Level 2 (693 - IFIO: working with couples), IFS UK, Online
- August 2021 - Parenting Capacity Course, Humber College, Online
- July 2021 - Dyadic Developmental Psychotherapy (DDP), Level 2, Dan Hughes, Online
- May 2021 - Sex Offenders Treatment Provider Certification (CSOTP - SW), ITTI, Online
- March 2021 - Advanced Supervision Techniques, Canadian Assoc Play Therapy, Online
- March 2021 - Anti Racist Approaches to Field Practice, Wilfred Laurier, Online
- February 2021 - Decolonize Play Therapy, BCPTA, Ta7taliya Michelle Nahanee, Online
- October 2020 - Internal Family Systems Level 1 (609), Imma Lloret & Nancy Sowell, IFS Spain, Online
- May 2020 - Lego Based Play Therapy Techniques, Ragan Snyder-Smith APT-S, Online
- May 2020 - Trauma Certification Level 1 & Level 2 (PTSD, Addictions, Dissociation, DID, C-PTSD, BPD), IATP, Online
- April 2020 - Working with Dissociative Clients During the Pandemic, Kathy Steele, Online
- November 2019 - Person - Brain Model, Key Assets Fostering Agency, Mississauga, ON
- June 2019 - Dyadic Developmental Psychotherapy (DDP) Level 1, Dan Hughes, Maine
- May 2019 - Becoming a Supervisor Course, Canadian Assoc. for Play Therapy
- November 2019 - Non-Violent Crisis Intervention Training, CPI, St. Catharines, ON
- August 2018 - Play Therapy Level 3, Canadian Assoc Play Therapy, Toronto, ON
- May 2018 - Trauma & Disassociation Workshop, OASW, St. Catharines, ON
- July 2017 - Play Therapy Level 2, Canadian Assoc Play Therapy, Toronto, ON
- May 2017 - Theraplay Level 2, Theraplay Institute, Toronto, ON
- September 2016 - Theraplay Level 1, Theraplay Institute, Toronto, ON
- July 2016 - Play Therapy Level 1, Canadian Assoc Play Therapy, Toronto, ON
- May 2016 - Cognitive Behavioral Therapy Level 2 - Wilfred Laurier, Kitchener, ON
- February 2016 - Cognitive Behavioral Therapy Level 1 - Wilfred Laurier, Kitchener, ON
- December 2014 - ASSIST Suicide Intervention Training, Living Works, Niagara Falls, ON