



# Jodie Hiebert, MSW RSW, CPT-S

## CLINICAL SOCIAL WORKER

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 www.theplayclinic.com

## EDUCATION

### 2014 - 2016

Master of Social Work  
Wilfred Laurier University

### 2010 - 2013

Bachelor of Child & Youth Studies  
Brock University

## EXPERTISE

- Certified Play Therapist Supervisor (CPT-S)
- Certified Clinical Trauma Professional II (CCTP-II)
- Certified Sex Offender Treatment Provider (CSOTP-SW)
- Certified Internal Family Systems Therapist
- Intermediate Theraplay Practitioner
- Level 1 & 2: Dyadic Developmental Psychotherapy
- Level 1 & 2: CBT
- Level 1: EMDR

Jodie is a Certified Play Therapist Supervisor (CPT-S). Jodie provides therapy for children, youth, adults, and families with issues that may include: mental health concerns, BPD, C-PTSD, self harm, trauma, attachment, sexualized behavior's, treating abused children and sexually abused children, foster & adoptive children, child/parent conflict, family therapy, school stress and conflicts, as well as a variety of emotional and behavioral difficulties. Jodie also provides sex offender treatment for those who are in the criminal justice system.

Additionally, Jodie is a provider with the VQRP (Victims Services) and NIHB (Native Insurance Health Board) programs. She also provides consultations for schools and workshops for agencies such as child welfare as well as clinical supervision for masters' level practitioners and play therapy interns.

## WORK EXPERIENCE

### 2016 - PRESENT

#### The Play Clinic

- Providing professional and ethical therapeutic services for children, youth, individuals, and families in Canada.
- Providing consultations and workshops to schools and agencies.
- Providing supervision for Masters' level students and play therapy students in Canada.

## PRESENTATIONS & WORKSHOPS

2017 - Non-Suicidal Self Injury - Boys and girls club managers  
2018 - Mental Health & Youth in Today's Society - Emmanuel Bible College  
2018 - Parenting with Play - OUR Centre Fostering Agency  
2018 - Addressing Sexualized Behavior's - OUR Centre Fostering Agency  
2019 - Parenting Kids Struggling with Non-Suicidal Self Injury - OUR Centre Fostering Agency  
2019 - Managing Meltdowns Workshop - Turner Syndrome Society conference  
2019 - Social Skills for Teens Workshop - Turner Syndrome Society conference  
2019 - Riding the Waves (Polyvagal Theory for Youth) Workshop - West Niagara Bridge  
2019 - Stress, Trauma, & Neurofeedback Presentation - Brock University

## PRESENTATIONS & WORKSHOPS

2020 - Mental Health & Society - Abbey Park HS, Oakville  
2020 - Parenting During a Pandemic -The Play Clinic - Online  
2020 - Facilitating Online Access for Foster Parents - The Play Clinic - Online (co-facilitated)  
2020 - Working from Home & Parenting During a Pandemic - Online  
2020 - Play Therapy with Abused Children - Maritime Play Therapy Centre, Online  
2020 - Play Therapy with Adults - Canadian Association for Play Therapy, Online  
2021 - Application of Neurobiology & Trauma in the Play Therapy Space - Maritime Play Therapy Centre, Online  
2021 - Treating Sexually Abused Children with Play Therapy - Maritime Play Therapy Centre, Online  
2021 - Play Therapy with Adults, Canadian Association for Play Therapy, Online  
2021 - Strengthening Connection Through Play for Foster Parents - Hamilton Children's Aid Society  
2022 - Strengthening Connection Through Play for Foster Parents - Hamilton Children's Aid Society  
2022 - Parts Work in Play Therapy - How to use IFS with children & youth (12 hour course), Online  
2022 - Working with Resistance in Clients - A play based IFS approach workshop, Toronto, Online  
2022 - Play therapy with Adults, Canadian Association for Play Therapy, Online  
2022- Therapeutic Movement and Guidelines for Choosing a Developmental Model - Maritime Play Therapy Centre, Online  
2023 - Treating Disruptive Behavior's in Play Therapy, Canadian Association for Play Therapy, Online  
2023 - Assessment and Treatment in Play Therapy, Canadian Association for Play Therapy, Online  
2023 - Play 2 Become: Integrating Parts of Self, Maritime Play Therapy Centre, Online  
2023 - Parts Work in Play Training, The Play Clinic, Online

## GROUPS CREATED & FACILITATED

January 2023: **Integrate the Parts Within** - A 10 week treatment program for Sex Offenders, Ontario Probation & Parole, Brantford  
March 2022: **Connected WithIN** - IFS for adults with mental health concerns  
Oct 2021: **Illuminate** - IFS for youth - (emotional regulation, interpersonal & social skills)  
April 2020: **Inner Warrior** - The Play Clinic (6wk online support group for youth; trauma & resilience)  
Aug-Sept 2019: **Play 2 Grow** - The Play Clinic ( 12 wk group for 3-6yr old+ parents; emotion regulation/social skills)  
Sept 2018: **Managing Moods** - Niagara Life Centre (6wk group for youth/adults; anxiety/depression/anger)  
2012: **The Landing** - Bethany Church (weekly support group for youth on habits, hurts, & hang-ups)  
2010-2012: **Art Break** - YFC Niagara (developed & implemented a weekly art/music drop-in group for youth)

## PROFESSIONAL DEVELOPMENT

November 2022, Static 99 Assessment Training. Andrew Brankley. Online  
November 2022 - EMDR level 1, Barbara Horne, ONLINE  
Sept 2022 - PROFESOR (Protective & Risk Observations for Eliminating Sexual Offense Recidivism), James Worling, Online  
June 2022 - A Compassionate Approach to Addictive Processes with IFS, Richard Schwartz, 2 days, Online  
June 2022 - Interpersonal Neurobiology, Attachment, & Trauma, Dan Siegel, Hamilton ON  
March 2022 - Child Centered Play Therapy, Chris Conley, 3 days, Online  
March 2022 - Internal Family Systems (Level 3), Richard Schwartz, Online  
November 2021 - Internal Family Systems, Level 2 (IFIO: working with couples), IFS UK, Online  
August 2021 - Parenting Capacity Course, Humber College, Online  
July 2021 - Dyadic Developmental Psychotherapy (DDP), Level 2, Dan Hughes, Online  
May 2021 - Sex Offenders Treatment Provider Certification (CSOTP - SW), ITTI, Online  
March 2021 - Advanced Supervision Techniques, Canadian Assoc Play Therapy, Online  
March 2021 - Anti Racist Approaches to Field Practice, Wilfred Laurier, Online  
Feb 2021 - Decolonize Play Therapy, BCPTA, Ta7taliya Michelle Nahanee, Online  
Oct 2020 - Internal Family Systems Level 1, Imma Lloret & Nancy Sowell, IFS Spain, Online  
May 2020 - Lego Based Play Therapy Techniques, Ragan Snyder-Smith APT-S, Online  
May 2020 - Trauma Certification Level 1 & Level 2 (Dissociation, DID, C-PTSD, BPD), IATP, Online  
April 2020 - Working with Dissociative Clients During the Pandemic, Kathy Steele, Online  
Nov 2019 - Person - Brain Model, Key Assets Fostering Agency, Mississauga, ON  
June 2019 - Dyadic Developmental Psychotherapy (DDP) Level 1, Dan Hughes, Maine  
May 2019 - Becoming a Supervisor Course, Canadian Assoc. for Play Therapy  
Nov 2019 - Non-Violent Crisis Intervention Training, CPI, St. Catharines, ON  
August 2018 - Play Therapy Level 3, Canadian Assoc Play Therapy, Toronto, ON  
May 2018 - Trauma & Disassociation Workshop, OASW, St. Catharines, ON  
July 2017 - Play Therapy Level 2, Canadian Assoc Play Therapy, Toronto, ON  
May 2017 - Theraplay Level 2, Theraplay Institute, Toronto, ON  
Sept 2016 - Theraplay Level 1, Theraplay Institute, Toronto, ON  
July 2016 - Play Therapy Level 1, Canadian Assoc Play Therapy, Toronto, ON  
May 2016 - Cognitive Behavioral Therapy Level 2 - Wilfred Laurier, Kitchener, ON  
Feb 2016 - Cognitive Behavioral Therapy Level 1 - Wilfred Laurier, Kitchener, ON  
Dec 2014 - ASSIST Suicide Intervention Training, Living Works, Niagara Falls, ON